



DANCE X7 REGIONAL – LIMPOPO

SATURDAY 25th APRIL 2026 – 09H00 Start Time

PROGRAMME OF EVENTS

(Subject to change without notice)

Tom Naude Technical High School, 226 Potgieter Avenue, Polokwane

PLEASE NOTE:

1. DANCERS

- Please keep your wristbands on for the duration of the festival
- Please arrive at Tom Naude Technical High School dressed & with make-up done to alleviate pressure in the bathrooms & changing rooms
- Make sure to check in with the Marshall backstage 5-10 items before your routine is due to be danced
- Times shown on the programme are an approximate only – please be in the hall at least an hour before you're due to dance as the time may vary to what's shown on the programme
- Remember to make yourself available for prize giving at the end of each session
- The Xpert Adjudicators' decision is final
- Dancers are to ensure that they/their teachers have a back-up copy of their music on a memory stick in case of music failing to play
- No resin, coke, vim or any other substance may be used on the dance floor
- Stage size 15m x 10m – wooden floor surface

2. SPECTATORS

- **NO SPECTATORS/PARENTS allowed** on stage or backstage at any time
Dance teachers only will be allowed in these areas with their pupils
- Tickets for spectators may be purchased in advance on our website
www.dancexsouthafrica.co.za

You will receive an email with your ticket purchases – please have these available either in hard copy or on your cell phone to show at the door

You will receive a wristband at the door which must be shown for entry

Kindly purchase your tickets online as follows:

R110 per ticket per day – **Online Tickets only** purchased in advance on

www.dancexsouthafrica.co.za ,

Children 6yrs & under free

Ticket sales are subject to availability at the door as follows:

R140 per ticket per day – Ticket purchased on the day at the door, Children 6yrs & under free

- No smoking allowed on near the premises
- No unauthorised photographers allowed (professional or amateur)



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3. TEACHERS

- Dance teachers will receive a complimentary wristband per 15 dancers entered
- Studios are to let Dance X know via email to info@dancexsouthafrica.co.za the name of the teacher/s to receive the complimentary entry/entries
- Dance teachers are to please bring back up music for their routines on a memory stick in case of music failing to play.

4. GENERAL

- Doors open for dancers & spectators at 08H00 for an 09H00 Start Time
- The school has a tuckshop which will be open
- Amori vd Merwe Photography will be doing Professional Photography which will be available online after the festival

5. THE (NOT-SO-SCARY) LEGAL STUFF

DANCE DISCLAIMER – AKA THE BORING BIT WE HAVE TO INCLUDE

- First things first – your personal info is safe with us! As per the “Protection of Personal Information Act” – we’re using your personal details solely for the purpose of managing entries and entry communication related to the festival. No shady business. By entering & attending the event, you consent to the collection and use of this information for these purposes.
Also a friendly reminder: please don’t film other peoples’ kids or dancers without their OK – thanks to the POPI Act, we like to keep things cool & respectful!
- Quick serious note: Please know that the event organisers, venue, colleagues, adjudicators, lecturers, employees & anyone else involved can’t be held responsible for any injury, death, illness, missing tutus, physical or psychological damage, loss or damage to personal belongings or dramatic pirouette fails regarding or subsequent to the event on or near the premises in respect of any cause whatsoever. Dance at your own fabulous risk.
- By entering and attending this event you’re officially saying, “Yes, I’ve read this. Yes, I understand it. Yes, I’m still excited to be here!” I’ve also shared this information with all concerned & consider this my virtual signature of agreement.
- Smile! You agree that photos and videos taken in regards and subsequent to the event may be used for promotional purposes on our website, social media platforms and other marketing material stuff. No cash prizes or compensation for your dazzling good looks will be given for the use of these images/videos – fame & glory will be your only rewards.
- And lastly, just a heads-up: Entry to this event will be accepted or refused at the sole and unfettered discretion of the organisers. If you’re bringing good vibes and glitter, you’re probably good to go.

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MEET YOUR ADJUDICATOR: MARLIE VAN NIEKERK
I began my dance journey at the age of four, training in ballet before expanding into modern and disco at nine, where I earned Gauteng North Colours for several consecutive years. By thirteen, I had diversified my repertoire to include contemporary, Spanish, and hip hop, competing extensively and performing in ballet productions at the South African State Theatre.

After schooling, I formalised my teaching credentials through the Dance Academy of South Africa, the Royal Academy of Dance, and Pinto Ferreira.

In 2012, I established my own ballet studio, later expanding its programme in 2023 to include contemporary dance. Under my direction, the studio has maintained Gold Status with the Dance Academy of South Africa for over eleven consecutive years, a testament to sustained excellence.

In 2026, I was honoured to present a Level 2 Contemporary Workshop at the Dance Academy of South Africa Convention, teaching and inspiring more than 120 fellow educators.

My work is driven by a commitment to cultivating technical strength, artistic expression, and an enduring love of dance in every student.

DANCE X
SOUTH AFRICA
PHOTOGRAPHY
PACKAGES
LIMPOPO: 25 APRIL 2026

**DURING THE EVENT EACH
DANCER WILL BE
PHOTOGRAPHED.
DIGITAL PHOTOS AND
PACKAGES WILL BE
AVAILABLE TO BUY ONLINE IN
THE FOLLOWING TWO WEEKS.**

AVAILABLE OPTIONS:

R55.00 X 1 DIGITAL PHOTO
R135.00 X 3 DIGITAL PHOTOS
R375.00 X ALL DIGITAL PHOTOS OF
DANCER



Please note:
no other photographer
or camera is allowed to
take photos during the
events. It will interfere
with our light systems.

Amori van der Merwe
Photography 📷
063 143 8332



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Dance X7 Regional – Final Programme

Saturday 25th April 2026

SATURDAY SESSION 1 (09H00 Start Time)

Open ~ Juvenile ~ Novice/First Timer ~ Small Group

1 DINOSAURS DINOSAURS

Open ~ Senior ~ Level 2 ~ Dance Team

2 DFJ SUPERSTARS DFJ SUPERSTARS

Open ~ Junior ~ Person with Disability ~ Solo

3 CALM DOWN MURENDENI NETSHIVHERA

4 ILSA ISLA VAN DER SCHYFF

Open ~ Junior ~ Level 1 ~ Duo/Trio

5 SPAGEHETTI SPAGEHETTI

Open ~ Tiny Tots ~ Level 1 ~ Solo

6 SHIMMA & SHINE MAYA VAN DER SCHYFF

Freestyle/Megadance/Energy ~ Junior ~ Novice/First Timer ~ Duo/Trio

7 SODA POP SODA POP

Freestyle/Megadance/Energy ~ Junior ~ Person with Disability ~ Solo

8 WHIP MY HAIR OARABILE MOHLAKA

Freestyle/Megadance/Energy ~ Junior ~ Level 1 ~ Solo

9 WHEN CAN I SEE YOU AGAIN LUMY DE WET

Contemporary ~ Junior ~ Level 1 ~ Duo/Trio

10 FOOTPRINTS FOOTPRINTS

11 I BELIEVE YOU I BELIEVE YOU

Acro & Gymnastics ~ Juvenile ~ Novice/First Timer ~ Duo/Trio

12 BIG GUY BIG GUY

Open ~ Junior ~ Level 1 ~ Solo

13 ME TOO ALMORE BOSHOFF

Contemporary ~ Tiny Tots ~ Novice/First Timer ~ Solo

14 MODERN JUMI OGUNRINDE

Musical Theatre ~ Senior ~ Novice/First Timer ~ Solo

15 CRUSIN FOR A BRUSIN FARANANI MAKANANISE

Musical Theatre ~ Juvenile ~ Novice/First Timer ~ Solo

16 BROADWAY BABY TALIA-RAE JAMES

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Musical Theatre ~ Junior ~ Novice/First Timer ~ Solo

17 YOU CAN'T STOP THE BEAT NTSAKISI MALULEKE

Contemporary ~ Juvenile ~ Novice/First Timer ~ Solo

18 MODERN AMORAY VAN WYK

Contemporary ~ Junior ~ Novice/First Timer ~ Solo

19 MODERN OYIN OGUNRINDE

Contemporary ~ Junior ~ Level 1 ~ Solo

20 MODERN GABRIELA ELS

21 YOUR BEST LUA REDELINGHUYS

22 RISE UP CLARRISA MEYER

23 SEASONS MCKYLA MERE

24 REWRITE THE STARS ELZAAN PARKER

25 BORN TO FLY AMY PARKER

Hip Hop & Street ~ Junior ~ Level 1 ~ Duo/Trio

26 1,2 STEP 1,2 STEP

Hip Hop & Street ~ Senior ~ Level 3 ~ Duo/Trio

27 *OWN CHOREO* CODE BLACK & WHITE *OWN CHOREO* CODE BLACK & WHITE

Jazz ~ Senior ~ Level 2 ~ Duo/Trio

28 AMIEKE & JEANIQUE AMIEKE & JEANIQUE

Open ~ Senior ~ Level 2 ~ Duo/Trio

29 SAUVE SAUVE

Ethnic & Folk ~ Senior ~ Level 3 ~ Solo

30 *OWN CHOREO* YOU & ME NTANDO RADZILANI

Hip Hop & Street ~ Senior ~ Novice/First Timer ~ Solo

31 HIPHOP ROXANNE EMSLIE

32 THE FRESH PRINCE OF BEL AIR SEBASTIAN SEYFFERT

Jazz ~ Senior ~ Level 1 ~ Solo

33 BLACK & GOLD MIKAYLA FOUCHE

Jazz ~ Senior ~ Level 2 ~ Solo

34 BLACK N GOLD LAILA EAGAR

Open ~ Juvenile ~ Novice/First Timer ~ Solo

35 WANNA BE KHARENDWE NEVHUDULI

36 WANNA BE AREKHANNE MUDAU

37 APT EMELIA JOUBERT

38 WANNA BE RUVARASHE GWETE

39 ROAR MASASE RAMABULANA

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Open ~ Senior ~ Level 1 ~ Solo

- 40 WAVES KIMBERLEY ROODT
- 41 RAIN LILY-ANNE PRETORIUS

Open ~ Junior ~ Level 1 ~ Solo

- 42 DYNAMITE ALYSA STEYN
- 43 ROCK THAT BODY MIANDI NIEUWENHUIS
- 44 POP MUZIK OMPHULUSA KHUNOU
- 45 JENNIE ALYSSA VAN DER SCHYFF

Lyrical ~ Junior ~ Novice/First Timer ~ Small Group

- 46 TRUE COLOURS TRUE COLOURS

Ethnic & Folk ~ Junior ~ Level 1 ~ Solo

- 47 TOBETSA MUTSHIDZI MPIOLO

Hip Hop & Street ~ Tiny Tots ~ Novice/First Timer ~ Solo

- 48 HIP HOP JUMI OGUNRINDE

Acro & Gymnastics ~ Juvenile ~ Novice/First Timer ~ Solo

- 49 ALL THAT JAZZ DIMPHO CHUEU

Freestyle/Megadance/Energy ~ Juvenile ~ Novice/First Timer ~ Solo

- 50 FREESTYLE AMORAY VAN WYK

Tap ~ Junior ~ Level 1 ~ Solo

- 51 TAP GABRIELA ELS

Ballet ~ Senior ~ Level 1 ~ Solo

- 52 COPPELIA KIMBERLEY ROODT

Session 1 Prize Giving (approx. time 10H50)



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SATURDAY SESSION 2 (11H45 Approx Start Time)

Dancers report to backstage marshall at least 10 minutes before start time

Contemporary ~ Junior ~ Level 2 ~ Production Line

53 COURAGE COURAGE

Contemporary ~ Senior ~ Level 1 ~ Solo

54 NEVER SAY LILY-ANNE PRETORIUS

Freestyle/Megadance/Energy ~ Senior ~ Level 2 ~ Solo

55 ANTHEM NGONIDZASHE MUSHONGA

Hip Hop & Street ~ Senior ~ Level 3 ~ Solo

56 THEY NOT LIKE US LILY BRADLEY

Open ~ Junior ~ Novice/First Timer ~ Dance Team

57 CREATURES CREATURES

Freestyle/Megadance/Energy ~ Junior ~ Level 1 ~ Solo

58 FREESTYLEj GABRIELA ELS

59 THRILLER MUNAKA YEKANI

60 THE WAY YOU MAKE ME FEEL MAKANAKA RUVINGO

61 MOVES LIKE JAGGER AYITA MACHAYA

Contemporary ~ Senior ~ Level 2 ~ Dance Team

62 SURVIVOUR SURVIVOUR

Latin ~ Junior ~ Level 1 ~ Solo

63 RHYTHM MIANDI NIEUWENHUIS

64 ROXANNE MUKHETHWA MPIOLO

Latin ~ Junior ~ Level 2 ~ Solo

65 DARATING DIN, KALMA! NEKODA ROUX

Latin ~ Senior ~ Level 3 ~ Solo

66 LIGHT IT UP LILY BRADLEY

Hip Hop & Street ~ Junior ~ Novice/First Timer ~ Solo

67 HIP HOP OYIN OGUNRINDE

68 WHIP MY HAIR 2 GABRIELLA MATUMBA

69 BANG BANG MUTSAWASHE MACHE

70 STRATEGY NTSAKO MALULEKE

Open ~ Junior ~ Novice/First Timer ~ Solo

71 MPHO MATODZI MPHO MATODZI

72 ANGELA KATEKWE ANGELA KATEKWE

73 DIE YOUNG ELBE VERREYNNE

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Open ~ Senior ~ Novice/First Timer ~ Solo

74 SPORTS CAR MIA SWARTZ

Open ~ Senior ~ Level 2 ~ Solo

75 *OWN CHOREO* WE LIT A MATCH MIA VAN JAARSVELD

76 *OWN CHOREO* CIRCUS DANIEL TRYTSMAN

Hip Hop & Street ~ Junior ~ Level 1 ~ Solo

77 HIP HOP GABRIELA ELS

78 PETER PIPER ANGEL KATEKWE

Jazz ~ Junior ~ Level 1 ~ Solo

79 CONFIDENT AMIEKE BORNMAN

Jazz ~ Junior ~ Level 2 ~ Solo

80 SPIDER NEKODA ROUX

Jazz ~ Senior ~ Level 3 ~ Solo

81 TAINTED LOVE LILY BRADLEY

Musical Theatre ~ Junior ~ Level 1 ~ Solo

82 LAZY SONG ROANDA MUSANDIWA

Contemporary ~ Senior ~ Novice/First Timer ~ Solo

83 MODERN ROXANNE EMSLIE

Contemporary ~ Senior ~ Level 1 ~ Solo

84 KAYLEE KAYLEE KOYD

85 GHOST TOWN LENÉ DE BEER

86 SAMMY CHIWAPURA SAMANTHA CHIWAPURA

87 BULLET KIMBERLEY ROODT

88 WHERE IS THE LOVE LILY-ANNE PRETORIUS

Hip Hop & Street ~ Junior ~ Level 2 ~ Solo

89 TRICKY MAITELE DENGÉ

90 HIP HOP KODI NEKODA ROUX

Open ~ Junior ~ Level 1 ~ Small Group

91 DYNAMITE DYNAMITE

Ethnic & Folk ~ Senior ~ Level 2 ~ Duo/Trio

92 *OWN CHOREO* SALT & PEPPER *OWN CHOREO* SALT & PEPPER

Contemporary ~ Senior ~ Level 3 ~ Solo

93 *OWN CHOREO* LET ME IN JEANIQUE KOSTER

94 CONTEMPORARY LILY BRADLEY

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Open ~ Senior ~ Level 3 ~ Solo

95 *OWN CHOREO* USED TO KNOW SHANAE ENGELBRECHT

96 MPHAMELO MPHAMELO MUNENE

Session 2 Prize Giving (approx. time 13H30)

THANK YOU TO ALL THE DANCERS, TEACHERS & STUDIOS WHO PARTICIPATED IN DANCE X7

WE LOOK FORWARD TO SEEING QUALIFYING DANCERS AT DANCE X NATIONALS LATER IN 2026

*"We should consider every day lost on which we have not danced at least once."
— Friedrich Nietzsche*